



North Cardiff Cosmos FC fully supports the Football Association of Wales Safeguarding policy, practices and procedures and acknowledges that football coaches and volunteers have a fantastic opportunity to be a positive role model for the young people involved. **We all have a responsibility to ensure that everyone involved in football finds it to be a fun, safe and positive experience.**

Please show your support for FAW Safeguarding by **signing the below declaration**. By signing this Code of Conduct you demonstrate that you understand the following conditions.

### Coaches, Managers and volunteers are expected to:

- Ensure the safety of all children by providing effective supervision, proper pre-planning of coaching sessions, using safe methods at all times.
- Undertake a DBS check every 3 years, or as required, and complete registration on the comet system.
- Consider the wellbeing and safety of participants before the development of performance. Child welfare must always be the paramount consideration.
- Show exemplary behaviour by respecting match officials, opposition players, coaches, managers and spectators.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.
- Treat all players equally by supporting and motivating all players. Have no favourites.
- Give all players, whatever their ability, the chance to play.
- Encourage all children not to discriminate on the grounds of religious beliefs, race, gender, social classes or lack of ability.
- Not allow any rough or dangerous play, bullying, or the use of bad language or inappropriate behaviour.
- Appreciate the efforts of all players and not over-train them.
- Accept that striving to win is more important than winning itself.
- Always pursue fair play – adhere to the laws and the spirit of the game.
- Be positive, approachable and offer praise to promote the objectives of the club at all times.
- Display high standards, behave responsibly and never engage in or tolerate the use of foul, abusive, insulting or inappropriate words, behaviour or gestures.
- Get Behind the Line and not enter the field of play without prior permission from the referee.
- Not let any allegations of abuse of any kind or poor practice to go unchallenged or unrecorded. Incidents and accidents to be recorded in the line with the club's procedures & parents to be informed.
- Never use sanctions that humiliate or harm players.
- Organise activities appropriate to the player's ability level, age and maturity.
- Respect and listen to the opinions of players.
- Not to post anything inappropriate, or negative on social media which may bring the game into disrepute.
- Refrain from smoking or drinking alcohol during club activities or training sessions
- Be aware of the FAW Safeguarding Policy, Procedures & Practices and observe the responsibilities involved, including the FAW Communication guidelines.
- Not abuse members physically, emotionally or sexually.
- Not engage in a sexual relationship with a young person for whom they are responsible
- Maintain confidentiality about sensitive information.
- Not spending excessive amounts of time alone with children unless there are exceptional circumstances
- Not administering First Aid involving the removing of children's clothing unless in the presence of others.
- Hold appropriate and valid qualifications and insurance cover.

NAME:

SIGNED:

DATE:

